

Enlightened Warrior Sword Colombia

The Sageo Knot The living Bujinkan IBDA Taikai 2008 (USA) Yamagakure Kai 2008 Colombia

Distributed by: www.ninjutsu.com www.ninpocolombia.com

Edición Especial November 2007



SHINKEN DOJO
IBDA BRANCH DOJO COLOMBIA



CONTENT

EDITORIAL

What is a warrior?

UPCOMING EVENTS

IBDA Taikai March 2008

Hosted by Richard Van Donk, Shihan

YamagakureKai 2008

Hosted by Ricardo Zapata, Shidoshi ho

THE WAY

Enlightened Warrior By Ricardo Zapata, Shidoshi ho

IN THE MOMENT

Enlightened Warrior Sword Event The Van Donks in Colombia

By Ricardo Zapata, Shidoshi ho

New Promotions

THE LIVING BUJINKAN

14 Vivid experiences of the event in Colombia

TECHNIQUES

The Sageo Knot

Por Ricardo Zapata, Shidoshi ho

DISTRIBUTED BY

WWW.NINJUTSU.COM WWW.NINPOCOLOMBIA.COM



13

Nuestra Portada

Enlightened

Photo of Shihan Linda Van Donk In the photo, Shihan Van Donk applies a sword technique on his student Shidoshi Ho Ricardo Zapata (Organizer of the event in Cartagena Colombia).

CONTENT

EDITORIAL

UPCOMING EVENTS

THE WAY

IN THE MOMENT

THE LIVING BUJINKAN

TECHNIQUES

PRESIDENTE: Richard Van Donk.

DIRECCIÓN EDITORIAL: Ricardo Zapata.

INVESTIGACIÓN Y REDACCIÓN: Linda Van Donk, Ricardo Zapata y Zaira Tinoco. TRADUCCIÓN: Marcos Marroquín, Linda Van Donk, Ricardo Zapata, Lewis. COORDINACIÓN GRÁFICA Y WEB: Ricardo Zapata HOMO&SAPIENS LTDA. FOTOGRAFÍA: Linda Van Donk, Ricardo Zapata, Roberto Zapata, Zaira Tinoco, a todos ellos mil gracias. COLABORADORES: Roberto Zapata, Jose Arrieta, Patricia Lleras, Fernando Fabrega, Sebastian Zapata, Zaira Tinoco, Cristian Ortega, Kevin Muñoz, Jose campo. DISTRIBUCIÓN Y PUBLICIDAD: Ninpocolombia.com, Ninjutsu.Com, Colombiamarcial.com, Homo&Sapiens Ltda.

Registro Intelectual y Prensa. Ricardo Zapata Luna Todos los Derechos Reservados





EDITORIAL

What is a warrior?

Many people ask themselves this question, arriving at various definitions. Many times, people have used words like honor, justice, perseverance, honesty, love, passion, to describe such a person. Many find themselves searching for a life of significance, and where many do find such a life, few find themselves living through the vision of being a true warrior. To live a life completely dedicated to this road can be extremely complex, full of ups and downs. It means living a life that involves a higher conscience, more complex than that of the norm, therefore advancing in life rather than retrogressing. A warrior is a person who can look in the eyes of the impossible thing and find the means to achieve it or defeat it. A warrior is a person who can see past himself while searching for knowledge, therefore respecting the natural order of things while in his guest. What I am trying to say is that for a warrior there is no "impossible," and only unlimited possibilities in life. A warrior without their own connection to Source, to God, is not a warrior of true principles, therefore is being fed through origins unknown. Such a person can not gain respect in his personal life or through people he encounters. A warrior is a man who loves his spouse with all his heart. He respects all, is tolerant and maintains tranquility within his life as well as with others.

A warrior illuminates others and therefore does not snuff them out. He gives testimony so that others may be inspired to pursue the common goals of peace and love, not of ill will and evil. If you desire to learn the ways of the warrior (Bushido), find a teacher who is qualified to instruct. But, how do we know if he is an honorable and true teacher? I say to open your heart and ask yourself these questions: Does my teacher listen to others? Does he build or destroy a person's dreams? Does he hinder or empower individuals? Does he speak well of others or does he speak of them in a negative way? In closing, allow your heart to guide you through these thoughts and you will discover the answer.

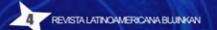
I would like to extend my gratitude and appreciation to my teacher Richard for sharing these teachings.



Ricardo Zapata Director Editorial



In the picture (left to right): Shidoshi ho Ricardo Zapata, Shihan Linda Van Donk, Master Richard Van Donk and Sensei Roberto Zapata, Enlightened Warrior Sword Colombia 2007.





"Way of the Sword Masters"

For brand new beginners and advanced students.

3 full days and nights of Sword training! Held at the University Inn in Santa Cruz, California

Before the great sword master Musashi would fight a life and death battle he would go to the mountains to train with nature. Come to this very special "Way of the Sword Masters" Tai Kai and learn not only why he did this but how to train with the sword and the mind. Learn the Enlightened Warrior™ Way from the inside out by developing your inner power, building your presence of being & learning to flow while being centered and in your power. This rare training event will be limited to about 50 students and will sell out so sign up early. At this event Master Van Donk will share with you the formal teachings of Ten Shin Ryu laido to give you the base of a formal school.

You will learn proper posturing, how to hold the sword, how to draw the sword, how to return the sword, how to cut. By drilling formal short wazas you will form your sword foundations. Then the teachings will move to Soke Hatsumi's Ninjutsu -Happo Hikenjutsu Bujinkan battlefield style. Weather permitting we will do a battlefield style training on the beach. All the while You will be learning meditation skills, mental focus and sword mastery philosophy.

Required training gear will be a non-sharp metal drawing sword, bokken & a shoto (wooden daisho set) for this "Way of the Sword Masters" training.

INVESTMENT:

\$395 covers 3 full days and 3 nights of training. Limited to about the first 50 people who sign up. So be one of them.



To attend our Ninjutsu 3 days and 3 nights annual ABD/IBDA Seminar and certified rank testing event

Call 1-800-348-6822 or 707-987-9323 now or sign up at www.Ninjutsu.com Today!



Sampamento de retiro Ninja Samula Sam



WEBSITE OFICIAL DEL EVENTO: www.ninpocolombia.com/yamagakurekai

RESERVAS: 3135228840 Email: bujinkan@ninpocolombia.com



Artes ancestrales para tiempos modernos



Enlightened Warrior

By Ricardo Zapata, Shidoshi ho

One of the greatest teachings Shihan Van Donk has ever expressed is the search for the "Super Consciousness," connected by meditation and therefore unifying us and the Grand Light (God). Shihan Van Donk teaches, "what surrounds us is a grand divine light, which protects us...the mind and light of God." Shihan has taught certain techniques in processing and generating one's own personal energy. He talks about how certain martial arts use or project energy in a wrong or hurtful way, therefore wasting their energy and causing internal repercussions. On the contrary to this, Shihan was able to demonstrate and teach a form which enables us to express and maintain our own energy, therefore creating a system which automatically allows one to reenergize. "To gain energy and not lose it," is the most basic teaching in Taijutsu. One must transform the slightest bit of energy into power, without misusing or overexerting oneself. This concept is also found in many other aspects in life...

"Breathing is your spirit," says Shihan Van Donk, and therefore is one of the most basic and important teachings he has ever expressed. If you do not breathe correctly, then the spine falls in poor posture (poor kamae), therefore creating weak blood circulation and poor energy circulation. Think of the body as a giant antenna and inside the body there are numerous energy outlets. In doing so, reflect on this analogy that Shihan expressed when teaching one day..."if you have a cellular phone without batteries, then you can't pick-up a signal...if you don't have the signal then how can you call someone to talk or communicate with them?"

Many of Shihan's teachings point towards a connection between us and the "Collective Conscience," which is in pursuit of making better spiritual human beings. This approach is to help us maintain an intimate connection with ourselves, allowing us to maintain an elevated state of consciousness as well as our connection with this world. We live in a world which is in a state of urgency for individuals to take a more illuminated path of peace, tolerance, and love for the sake of humanity and the natural world around us.

TEACHINGS



Shihan Richard Van Donk El Dragón Feliz JuGodan Kugyo Happobiken Menkyo Kaiden



Private Sessions with RICHARD VAN DONK





Your Paradigm Shift session is strategically designed to take you to the Next Level. I'd love to inspire you and share my knowledge with you. Get advanced training in Ninjutsu, Eskrima, or Sword, Enlightened Warrior Life skills, NLP Life patterning, and a New Life path, Kriya Yoga Meditation skills or any combination. Come Spend 2 days with me and Let's "Optimize Your Life" - Guaranteed.

Paradigm Shift To The Next level

- Achieve Inner Peace
- Change Your Life Now
- Know Your Purpose
- Resolve Past Issues
- Health Rejuvenation
- Daily Enhancement Practices
- Martial Arts Excellence
- Join Mentorship Program

www.YourParadigmShift.com

Book Now! by calling **707-987-9322**

Enlightened Warrior Sword Event, Colombia The Van Donks in Cartagena,

By Ricardo Zapata, Shidoshi ho **Event Organizer**

Realizing Intent

In January of this year, Shihan Richard confirmed his visit to Columbia. It was a fantastic moment when I heard he was coming; the planning was starting to take place. It had been six months since Shihan had announced the theme of the event, calling it "Enlightened Warrior Sword, Colombia." As things developed, the entire process seemed magical manifesting naturally in a way that seemed to be destined...to be able to spend this moment in time with such marvelous teachers of life. "Your magic is functioning Ricardo!" Shihan Richard would say. It was a reality check to actually have him training with us. The students were extremely happy to have him confirm the event, yet were still seeing the event in October as almost unattainable and so far away. But, as the months passed, the time waiting became

"Your magic is functioning Ricardo," Shihan Van Donk would say. The fact he was able to visit is an honor...

nothing to them....it flew by because of their excitement and anticipation. Shihan Van Donk is an extremely interesting person and teacher, known to have much expertise not only in the martial arts, but in many facets of life. Many of his lectures possess insights into life, as well as how to realize one's dream; these special conversations are what I have to keep - the best of all the knowledge and techniques. I would like to thank my beautiful and wonderful wife for all her hard work. Without her, the event would not have been possible. In addition, I would like to thank my students for all their hard work, as wellThe

Arrival in Colombia

Both Shihans arrived in Cali City, where Sensei Roberto (Dojo Makato, IBDA Cali Dojo) was present to greet them. Along with students and families, both Shihans were able to enjoy a tour of the city.

After a long and lengthy wait in the Cartagena Airport, we finally met with Shihan Richard and Linda Van Donk. It was at this moment I realized there was a long itinerary ahead of us. The days were filled with much



Sensei Roberto with Shihan Richard and Linda van Donk having breakfast in Cali



BUJINKAN NEWS





The Party

Starting the whole event with friends along with Ricardo Zapata and Zaira de Zapata (wife and assistant of Dojo Shinken). We enjoyed a celebration filled with music, songs, tambourines, and fantastic food.







BUJINKAN NEWS

New Promotions

Shinken magazine recognizes the following students for their accomplishments and pursuit of promotion: Shihan Van Donk personally promoted Ricardo Zapata to Third Dan, Ray Jackson to Shodan, while the rest were promoted by Shidoshi ho Ricardo Zapata.

3rd DAN (SanDan) RICARDO ZAPATA **RAY JACKSON** 1st DAN (ShoDan) ROBERTO ZAPATA 5th KYU **SEBASTIAN ZAPATA** 6th KYU ZAIRA TINOCO DE ZAPATA 7th KYU JOSE ARRIETA **7TH KYU KEVIN MUÑOZ 7TH KYU DAVID ZAPATA RAMIREZ** 8th KYU **WILLIAM PEREZ** 9TH KYU **ALEJANDRO ALVIAR** 9TH KYU CRISTIAN ORTEGA 9th KYU JOAN S. ARDILA 9TH KYU GERARDO MONRROY 9TH KYU

Gambatte Kudasai!!



















Sword Event Colombia

One Grand Event!

Experiences with Shihan Van Donk in Cartagena

This event was an awesome experience, difficult to express in photos or words, but part of this experience was left in this photo registration, as well as in these thoughts alive in this journey next to Shihan Van Donk.









Many thanks go to Shidoshi-Ho Ricardo Zapata and his beautiful wife Zaira for making our time in Cartagena a wonderful, fun-filled experience!

We stayed in a beautiful hotel in the walled city and got to experience all the beauty of old Cartagena. Then in the evenings there were long dinners filled with laughter and sharing stories with our Colombian friends. And one night we were treated to a roof-top party with gaita music and dancing arranged by Zaira so that we could meet the parents of the students. And after the seminar we all went to the beach to spend more time together.

Richard and I truly appreciate all the effort Ricardo and Zaira took to make our visit a trip to remember!

Thanks also go to Ricardo's brother Roberto Zapata from Cali who took such good care of us on our short visit to Cali. We were able to go to his dojo and meet his students and their parents at a dinner before we left for the seminar in Cartagena. And we must remember to thank Fernando Fábrega of Panama who did a very good job in translating so that everyone could understand the subtleties Shihan Van Donk was trying to convey to the students.

Many congratulations go to Shidoshi-ho Ricardo Zapata on his promotion to 3rd Dan. He has worked extremely hard in his studies and we were very impressed with his taijutsu.

Looking good Ricardo! Keep up the good work!

We are very happy to have been able to come to Colombia and make so many new friends. We hope that our visit has inspired the students in their training. Our wish is that the new ways of experiencing movement and creating personal presence which Shihan Richard shared with them will not end with the seminar, but will continue to help the students in living every day. Shihan Richard gave them more than just sword teachings. He shared with them internal skills that, when practiced daily, will help them to be stronger, happier and more focused in life. This is the way martial arts should be approached - as a way of living, not just giving some fighting techniques - and we were honored to be able to share this with the students in Colombia.

Until we meet again, Big hugs to everyone,

Shihan Linda Van Donk IBDA























TECHNIQUES









By JuGodan Master Richard J. Van Donk

Become a Ninjutsu Black Belt in the privacy of your own home!

Studying a Martial Art just got easier. Get high quality

step-by-step Authentic Ninjutsu instruction by a Master teacher (trained by the Grandmaster in Japan) at a fraction of the price you'd pay in a dojo. Learn hundreds of techniques in this no hype dojo one-on-one style teaching. Ninjutsu is a very effective art and lots of fun to practice. You will be doing postures, striking, kicking, grappling, stealth, meditation, long and short range weapons and even disarms of sticks, knives and guns in no time. The Distant Learning Program is a proven system: Since 1991. students in over 100 countries are studying this course and many have become Japan Certified Master instructors by Soke Why not you too? Earn your Black Belt in Ninjutsu

with us. There is a reason we are #1. Enroll and start today!

More than just DVD's, a whole learning system!



Complete 10 DVD Ninjutsu Study System ONLY \$379

Set Bonuses

- Black Belt Course Manual 175 pages
- . 1yr IBDA Membership, Wall Certificate, ID Card, Uniform Patch, and More!
- Japan Certified Ranking Opportunity
- Ninjutsu Forum (www.NinjutsuForum.com)
- Ninja Vault Information
- Ninjutsu Source, Magazine/Catalog Enroll in your Ninja course Today!!

Ninjutsu Black Belt Course includes:

Body Conditioning, Ninja Postures, Punching, Kicking, Rolling, Evasion, Wrist Locks, Escapes from Grabs. Breakfalls, Earth, Fire, Water, Wind & Void Forms, Meditation, Leaping Skills, Grappling, Body Grab Escapes, Weapons: Shuriken, Hand Claws, Sword, Staffs, Kusari, Shoge, Metsubushi, Kicking Counters, Leg Sweeps, Jumping & Diving Techniques, Throwing Skills, Using Nature, Choke Holds, Climbing Skills, Stealth, Organ / Muscle Attacks, Multiple Attackers, Disarms, and much much more.

Get Started Right Now!

ooks, and



P.O. Box 1489 Middletown, CA 95461 1-800-348-6822

NINJA FORUM FREE FREE DOWNLOADS SHODAN TO JUDAN TEACHINGS CERTIFIED JAPAN RANKS HOW TO BOOKS **HOW TO DVD's Teacher Training** Training Gear

Weapons Study Much, Much More..

ORDER	IMMEDIATELY
OWNER	***************************************
CTA	DT TO A INING TODAY

Yes! I want to learn Authentic Ninjutsu! Black Belt Home Study Course / 1 Year Membership (\$379) Combat Ninjutsu DVD @ \$39.95.. Black Belt Course Manual 175page @ \$34.95 Intern'l Bujinkan Dojo Assn. Membership @ \$30 per year.

Or all the above for only \$399- (\$554 value) plus S&H. S&H - Black Belt Course total \$40 US / \$45 Canada / \$55 Foreign. S&H - Individual items per item \$5ea.US/CAN / \$9ea.Foreign (Airmail)... CALIF. Residents add 7.25% Sales tax ... Total Enclosed.

Credit Card Orders Call 1-800-348-6822 or send certified check / Money order payable to Bushindo, Inc. for fast service! P.O. Box 1489 Middletown, CA 95461 Info CALL (707) 987-9323 Fax (707) 987-2365 E-mail: abd@ninjutsu.com

MOD.UTSU.COM

8 Page Printed Ninja Source Catalog! mload Now at: www.Niniutsu.com

WWW.COLOMBIAMARCIAL.COM

"Más de 2000 navegantes al mes visitan nuestro portal buscando información y escuelas para entrenar"

Muestrate al Mundo!

Conoce los nuevos planes de afiliación a Colombiamarcial.com

Da a conocer tu escuela y disfruta de nuevos beneficios.

HAZ CLICK AQUI PARA CONOCER BENEFICIOS



Informes: info@colombiamarcial.com

Noticias, artículos y mucho más...